



# KPSA CON 2025

KAIRALI PLASTIC SURGEONS ASSOCIATION

Jointly organised by CTPSA and Department of Plastic Surgery, GMC, Kottayam

**SCIENTIFIC PROGRAMME**

**36<sup>TH</sup> ANNUAL  
CONFERENCE**



**MAY 16TH - 18TH 2025**

**STERLING LAKE PALACE, ALAPPUZHA**

## MESSAGE

# KPSA CON 2025



**Dear Esteemed Plastic Surgeons,**

KPSACON 2025 promises an intellectually invigorating experience, featuring a meticulously curated scientific program led by eminent plastic surgeons from across India.

A highly specialized symposium on Head & Neck Onco-Reconstruction, delving into the latest techniques and challenges in the field.

Aesthetic Surgery covering the latest trends, innovations, and refinements in cosmetic procedures. Interactive panel discussions, case-based learning, and surgical demonstrations, offering unparalleled insights into reconstructive and aesthetic surgery.

This year, the conference is proudly hosted by the Central Travancore Plastic Surgery Association (CTPSA). Beyond the enriching academic sessions, immerse yourself in the timeless beauty of Alappuzha, often hailed as the "Venice of the East." Sail through the pristine backwaters on an elegant houseboat, witnessing a mesmerizing confluence of nature and tradition. Indulge in boating and water adventures, exploring the labyrinth of tranquil lagoons and coconut-fringed canals.

We invite you to be part of this extraordinary confluence of knowledge, expertise, and scenic splendor at KPSACON 2025!

Warm Regards,  
**Organizing Committee, KPSACON 2025**

## PATRONS



**Dr. S. Ramakrishnan Nair**



**Dr. Saramma Varghese**



**Dr. Philip Philip Puthumana**



**Dr. S. Jayachandran**  
Organising Chairperson



**Dr. Lekshmi. M**  
Scientific Committee Chair



**Dr. Renji Issac James**  
Organising Secretary



**Dr. Dimmy Harold**  
Treasurer

## ORGANISING COMMITTEE

**Dr. S. Jayachandran | Dr. Lekshmi. M | Dr. Renji Issac James | Dr. Dimmy Harold | Dr. Sankar Das**  
**Dr. Aneesh Joseph | Dr. Fobin Varghese | Dr. Deepak Aravind | Dr. Joyal Jose | Dr. Madhavi. C**



## Day - 1 : MAY 16 - 2025 - FRIDAY

### 08:30 AM - Registration

### 09:00 AM - 10:30AM - Session 1 : CME on Head & Neck Onco-Reconstruction-I

Time - AM	Topic	Speaker	Chairpersons
09:00 - 09:30	Principles of Head and Neck Oncology - Neck Dissection	Dr. Murali TV	Dr. Jimmy Mathew Dr. Bipin T Varghese Dr. Sreelal S
09:30 - 10:00	Reconstruction of Tongue, Buccal Mucosa and Floor of Mouth	Dr. Jimmy Mathew	
10:00 - 10:30	Mandible reconstruction	Dr. Prabha Yadav	
10:30 - 10:45	Tea Break		

### 10:45 AM - 12:15 PM - Session 2 : CME on Head & Neck Onco-Reconstruction-II

Time-AM/PM	Topic	Speaker	Chairpersons
10:45 - 11:15	Reconstruction of Maxilla and Base of Skull	Dr. Amrish Baliarsing	Dr. J Padmakumar Dr. Shaji Thomas Dr. Sabu CP
11:15 - 11:45	Larynx and Pharynx reconstruction	Dr. Bipin T Varghese	
11:45 - 12:15	Pedicle Flaps in Head and Neck Reconstruction	Dr. Shaji Thomas	
12:15 - 12:45	Problems Unique to Head and Neck Reconstruction - Q&A session Moderators - Dr. Lekshmi M, Dr. Fobin Varghese		
12:45 - 01:45	Lunch Break		

### 01:45 PM - 03:00 PM - Session 3 : How I Do it ( Video Presentations )

Time - PM	Topic	Speaker	Chairpersons
01:45 - 02:00	Digital Replantation	Dr. Sreelal S	Dr. Aniraj R Dr. Anish T Elias Dr. Cyril Joseph
02:00 - 02:15	Penile Inversion Vaginoplasty	Dr. Sundeep Vijayaraghavan	
02:15 - 02:30	Ultra Early Excision of Burns	Dr. Thomas David	
02:30 - 02:45	Blepharoplasty	Dr. Bibilash Babu	
02:45 - 03:00	Melanocyte Transfer for Vitiligo	Dr. John Oommen	

### 03:00 PM - 04:00 PM - Session 4 : Workshop

Time - PM	Topic	Speaker	Chairpersons
03:00 - 04:00	Botox and Fillers to the Face	Dr. Karthik Ram	Dr. Sundeep V Dr. Bibilash
04:00 - 04:15	Tea Break		
04:15 - 06:00	Boating		
07.00 onwards	Psychic Mind with Mentalist Adhil Pallickal & Dinner		



## Day - 2 : MAY 17 - 2025 - SATURDAY

### 08:00 AM - Registration

### 08:30 AM - 09:30AM - Session 5

Time - AM	Topic	Speaker	Chairpersons
08:30 - 09:00	Vascularised joint transfer for hand reconstruction	Dr. Amrish Baliarsing	Dr. Subramania Iyer Dr. Aniljith V G Dr. Premlal A P
09:00 - 09:30	Publication and post publication responsibilities - the logical sequence of research	Dr. Surajit Bhattacharya	
09:30 - 10:50	Practising Plastic Surgeons Prize paper Presentations		
09:30 - 09:40	The Right Flap for the Right Segment : A Tailored Approach to Breast Reconstruction Post-Conservation Surgery	Dr. Gigy Raj	Dr. Surajit Battacharya Dr. Karthik Ram Dr. Jayachandran S
09:40 - 09:50	Restoring Form and Function – Reconstructive Plastic Surgery in a war injured poly-trauma patient	Dr. Kamalraj Rajendran	
09:50 - 10:00	Diagnosing and Managing Glomus Tumors : A 27-Year Review of 34 Cases	Dr. Gopika Jith	
10:00 - 10:10	Impact of Lymphedema Duration on Lymphatic Vessel Quality and Outcomes After Supermicrosurgical Lymphaticovenous Anastomosis	Dr. George Taliat	
10:10 - 10:20	The Role of Leech Therapy in Salvaging Congested Flaps and Replants	Dr. Indrajith Sudhy	
10:20 - 10:30	Management of Acute Bony Boutonniere Deformity with Miniscrew Fixation	Dr. Aarathi Antharjanam	
10:30 - 10:40	Developing and demonstrating comprehensive community based CDT( complete decongestive therapy) for morbidity management and disability prevention in Filarial lymphedema	Dr. Sam Thomas	
10:40 - 10:50	Distal Finger Amputations in Toddlers : A Comparative Report on Replantation and Composite Grafting	Dr. Sarath R S	
10:50 - 11:00	Tea Break		

### 11:00 AM - 12:40 PM - Session 6

Time-AM/PM	Topic	Speaker	Chairpersons
11:00 - 11:30	Basics of breast implant surgery	Dr. Karthik Ram	Dr. Jose Tharayil Dr. N C Sreekumar Dr. Sarath T S
11:30 - 11:45	Free Flaps in Post Burn reconstruction	Dr. Ajai K S	
11:45 - 12:00	Management of Pan Birth Brachial Plexus injury	Dr. Ajai K S	
12:00 - 12:15	R.N.Sinha Essay 2024 - Presentation	Dr. Ranitha Raveendranath	
12:50 - 01:00	Matriderm: Bridging the gap in the Reconstructive Ladder	Dr. Hardeep Singh	
12:40 - 12:50	Complex Wound Management with NPWTi	Dr. Philip Puthumana	
12:15 - 12:40	Fitness for Plastic Surgeons	Dr. Deepak Aravind Dr. Renji James Dr. Shankar Das	
12:15 - 12:45	( Breakaway Session) Prelims for Plastic Surgery Quiz		
01:00 - 02:00	Lunch Break		





## 02:00 PM - 03:30 PM - Session 7 - Dr. P A Appukuttan Memorial Symposium

Time - PM	Topic	Speaker	Moderator
02:00 - 03:30	Pressure Sores		Dr Jayakrishnan Kolady
02:00 - 02:10	Introduction	Dr. Jayakrishnan Kolady	
02:10 - 02:20	Causes and Pathogenesis	Dr. Fenil raju Abraham	
02:20 - 02:40	Grading and common sites of Pressure sores	Dr. Asish Daniel	
02:40 - 03:00	Precautions and Rehabilitation in Pressure management	Dr. Sreedevi Menon	
03:00 - 03:25	Principles of Management of Established Pressure Sore	Dr. Surajit Bhattacharya	
03:25 - 03:30	Conclusions and Discussion		

## 03:30 PM - 04:30 PM - Session 8

Time - PM	Topic	Speaker	Chairpersons
03:30 - 04:00	Managing redundant skin in severe Gynecomastia and innovative strategies in gynecomastia	Dr. Karthik Ram	Dr. Jayakumar R Dr. Sheeja Rajan T M Dr. Aarathi Antharjanam
04:00 - 04:30	My problems with Procrastination	Dr. Surajit Bhattacharya	
04:30 - 04:45	Tea Break		

## 04:30 - 05:10 - ( Breakaway Session ) E-poster presentation

Time - PM	Topic	Speaker
04:30 - 04:35	An anomalous fibular perforator in mandibular reconstruction : Our encounter and salvage	Dr. Chandni Shankar
04:35 - 04:40	Horseshoe Vaginoplasty - A Transformative Procedure - Restoring Function Aesthetically	Dr. Bobby Johns
04:40 - 04:45	The Art of Ear Restoration - A Showcase of Microtia Reconstruction Excellence	Dr. Deepak Shanbhag
04:45 - 04:50	Beyond the Scalpel : Innovating Keloid Treatment with Multidisciplinary Precision	Dr. Srivalli Vemulapalli
04:50 - 04:55	Exploring Neuroplasticity In Hand Function An Interesting Case of Congenital Absence of FPL	Dr. Jinto Augustine Thomas
04:55 - 05:00	Vesicovaginal fistula repair with omega shaped graciloplasty - preoperative planning, surgical technique and post operative rehabilitation for defecation and staying dry	Dr. Durga MLS
05:00 - 05:05	From Trauma to Triumph : Innovative Reconstruction of the Urethra and External Genitalia in a Complex Case	Dr. Zuveriya Zasreen
05:00 - 05:10	Cubital fossa reconstruction : Fixing the flex with finesse	Dr. Athira C Menon
04:45 - 06:00	KPSA General Body Meeting	
06:30 - 07:30	Inauguration & Distribution of Awards	

Time - PM	Topic	Speaker	Chairpersons
07:30 - 08:00	Past Presidents Oration	Dr. Aniraj R	Dr. Thomas Punnose Dr. Deepak Aravind
08:00 onwards	Entertainment, Fellowship, Dinner		



## Day - 3 : MAY 18 - 2025 - SUNDAY

### 08:00 AM - 09:00 AM - Session 9

Time - AM	Topic	Speaker	Chairpersons
08:00 - 08:30	Rhinoplasty in Indian Scenario	Dr. John Oommen	Dr. Abraham Thomas Dr. Kunhambu Nambiar Dr. Gigy Raj
08:30 - 09:00	Financial management for doctors	Dr. John Joseph	

### 09:30 AM - 10:40 AM - Session 10 - PG Best Paper Sessions

Time-AM/PM	Topic	Speaker	Chairpersons
09:00 - 09:10	Contours of Confidence : The Abdominoplasty - Consistent, Predictable, and Aesthetic Results	Dr. Zuveriya	Dr. U R Nandakumar Dr. Jayakrishnan Kolady Dr. Philip Puthumana
09:10 - 09:20	Transforming Smiles and Noses : Refining the Art of Cleft Rhinoplasty	Dr. Deepak Shanbhag	
09:20 - 09:30	10 steps of a Breast implant placement in Trans-female - A Retrospective cohort study demonstrating the successful implementation of process mapping in transgender implant placement	Dr. Durga Reddy	
09:30 - 09:40	Management of large vascular malformations : A Retrospective clinical analysis	Dr. Shubha Lakshmi Kaduluru	
09:40 - 09:50	Versatility & Precision : Optimising Outcomes with MSAP flap	Dr. Abhijit Anthony	
09:50 - 10:00	Alterations in Platelet Count following Major Lower Extremity Trauma	Dr. Ranitha Ravindranath	
10:00 - 10:10	Redefining Facial Reanimation : A Decade of Evolution in Facial Palsy Management for Superior Symmetry and Spontaneous Smile – A Single-Centre Study	Dr. Srivalli Vemulapalli	
10:10 - 10:20	Treatment Outcome of Ultra-Early Excision and Grafting for Thermal Burns in Comparison with Early Excision and Grafting	Dr. Athira Mohanan	
10:20 - 10:30	Outcomes of Nanofat and Nanofat with PRP injections in scar management	Dr. Sharun Abey Kurien	
10:30 - 10:40	Periumbilical Perforator - Based Flaps in Hand Injuries : A Versatile and Reliable Reconstructive Option	Dr. Jibin Leons	
10:40 - 11:00	Tea Break		
11:00 - 12:00	Plastic Surgery Quiz		



## 12:00 PM - 01:40 PM - Session 11 - Free Paper Session

Time - PM	Topic	Speaker	Chairpersons
12:00 - 12:50	Long Free Papers		
12:00 - 12:10	Reconstructive indicators of Dermal Fillers	Dr. Shramya Kumar	Dr. Renji Isaac Dr. Asish Daniel Dr. Shenol Sasankan
12:10 - 12:20	Timolol in Hemangioma Treatment : 27 Years of Clinical Experience and Insights into Residual Deformity Management-	Dr. Aniljith V G	
12:20 - 12:30	Incidence of Traumatic Brain Injury in Bony Facio-Maxillary Trauma: A Prospective Study	Dr. Samson Samuel	
12:30 - 12:40	Post Surgical Functional outcome of Spaghetti Wrist	Dr. Navien John	
12:40 - 12:50	Single-stage Flexor Hallucis Longus transfer and Free flap cover for Tendoachiles defects with associated soft tissue defect - Experience with 2 cases	Dr. Raghuram Menon	
12:50 - 01:40	Short Free Papers		
12:50 - 12:55	PACE flap for upper lip Reconstruction	Dr. Navien John	
12:55 - 01:00	Salvage of Upper Limb Digital ischemia due to Peripheral vascular disease with Bypass grafting	Dr. Raghuram Menon	
01:00 - 01:05	Social media to surgery : A cross sectional study on decision making in Gynecomastia patients	Dr. Revathy P Kumar	
01:05 - 01:10	Characterization of Bacterial Profiles and Antibiotic Susceptibility Patterns in Burn Wound Infections in a tertiary care centre : A Clinical Perspective	Dr. Amal T S	
01:10 - 01:15	Liposuction as a Standalone Procedure for Arm Contouring : A Retrospective Study with Three-Year Follow-Up	Dr. Divya Syam	
01:15 - 01:20	Pediatric Nail Bed Repair: A Retrospective Analysis of Outcomes and Complications Over a Period of 1 year in a tertiary care hospital	Dr. Bobby Johns	
01:20 - 01:25	Shifting Perspectives: Exploring Changing Mindsets of Undergruates Towards Surgical Specialties And The Impact of Elective Postings In Plastic Surgery	Dr. Jinto Augustine	
01:25 - 01:30	WALANT: our experience in Hand surgeries	Dr. Ajai Kumar Kamath	
01:30 - 01:35	A novel Technique in Torn Ear lobule repair	Dr. Sheyon Yohanan	
01:35 - 01:40	The Mucosal V-Y Flap: An Elegant Solution for Upper Lip Vermillion Reconstruction - A Case Report	Dr. Joyal Jose	
01:40 onwards	Valedictory Function and Lunch		

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